



byrontownshiprec.org



Byron Township Recreation

WINTER 2025

2120 76th Street SW, Byron Center, MI 49315



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Building Hours

Monday - Thursday

7:00AM - 8:00PM

Friday

7:00AM - 7:00PM

Saturday

8:00AM - 12:00PM

Sunday

CLOSED

Contact

☎ 616.878.1998

Upcoming Closings

Tuesday, December 24

Wednesday, December 25
Christmas

Tuesday, December 31

Wednesday, January 1
New Years

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Our Mission... Joining together with you and your family is what makes Byron Township Recreation committed to building a strong, healthy, and successful community through people, parks, and programs.

Age Requirement... All participants must be within the age requirements of the program by the time the program begins.

Americans with Disabilities Act... Byron Township fully supports the Americans with Disabilities Act and will take the necessary action to comply with its provisions. If you have special needs to participate in any of the programs offered, please contact the Byron Township Recreation Department at 616.878.1998.

Amenities Include:

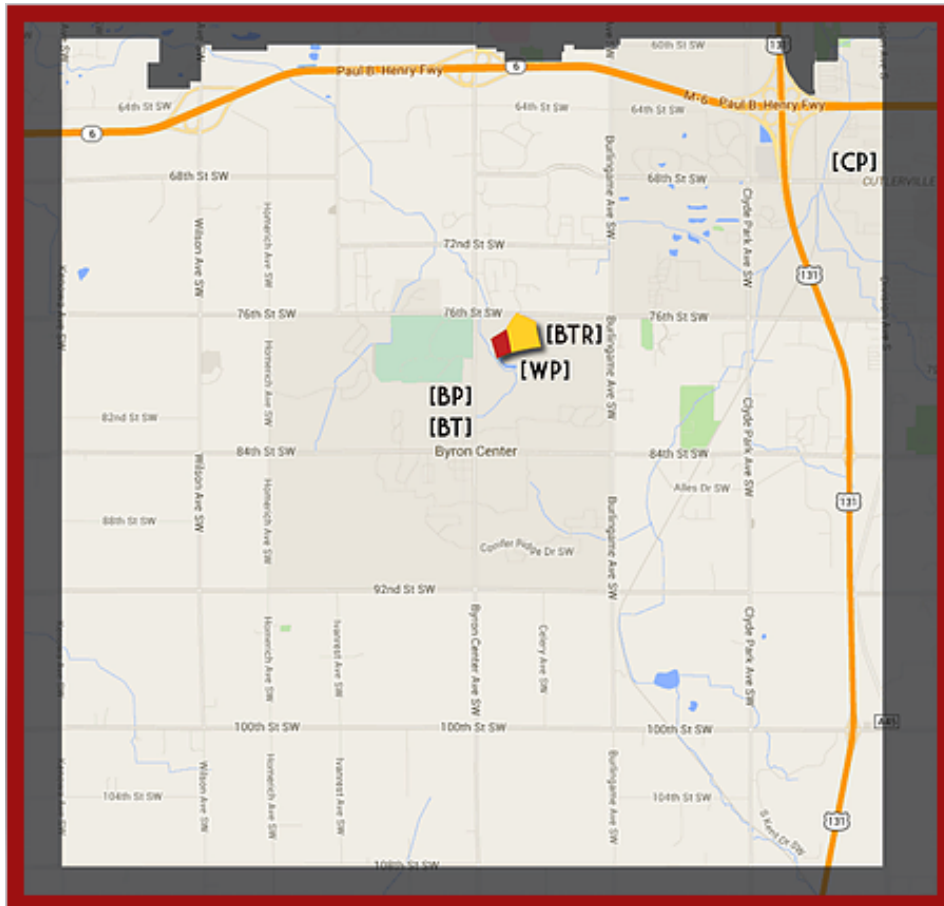
- Books
- Cable TV
- Lounge Areas
- Wi-Fi
- Pool Tables

ARE YOU A RESIDENT OF BYRON TOWNSHIP?

Review the map below to see where our Township boundaries are and if you might qualify for special resident discounts on memberships!

The boundaries are approximately:

M-6 to 108th and Division Ave. to Kenowa Ave.



Byron Township

[BTR] Byron Township Parks & Rec. Dept.
& Community Center
2120 76th Street SW

[BT] Byron Township Offices
& Town Hall

8085 Byron Center Avenue SW

Byron Township Parks

[WP] Whistlestop Park
2120 76th Street SW

[CP] Cutler Park
6701 Cutler Park Drive SW

[BP] Bicentennial Park
8085 Byron Center Avenue SW

Memberships

Definitions:

Resident (R): Person who pays their personal property taxes to Byron Township. Please see the Byron Township map on page 2.

Non-Resident (NR): Anyone outside of Byron Township.

Family: This includes you and those living in your household that are claimed on your taxes.

Stop in the Community Center any time during our normal hours to sign up for a membership! Come take a tour and see what the Byron Township Community Center has to offer! We have weight machines, cardio machines, a walking track, and so much more! Signing up is easy, just fill out the form at the front desk when you arrive or print one off of our website.

Identification Required: Proof of identification is required to receive the Byron Township resident discounted pricing. ID is also required to prove age, as we require a person to be 18 years or older to sign the membership form. **Anyone 17 or younger must have a parent or guardian sign the membership form on their behalf.** Accepted forms of ID are:

- **Photo ID:** Driver's License or state ID
- **Proof of Residence:** Current gas, cable, electric, landline telephone, water or sewer bill, tax forms, or your car registration. Envelopes with addresses are not accepted.

Children Under 13 Years Old: Children 12 and under must be supervised at all times by a parent/guardian (18 years or older). **Machine usage is not permitted at any time for children under the age of 13.** Additionally, they may not be upstairs at any time.

Pickleball

You must be a member of the Community Center OR come with a member and purchase a day pass to play indoor pickleball. We designate days and times for open pickleball play at the Community Center:

Tuesday & Thursday: 7:00AM - 2:00PM

Friday: 11:00AM - 3:00PM

We also have 12 outdoor pickleball courts located at

Bicentennial Park that may be used during open parks season (April-October) ONLY. These courts are free to use as available and are first come first serve unless otherwise posted by the Byron Township Parks & Rec Department.

Fitness

Membership

Rates at the

Community Center

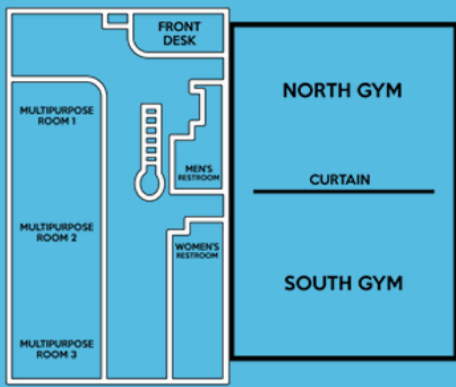
Resident	Year	Month	Day
Ages 4-17	\$130	\$20.00	\$5.00
Ages 18-54	\$200	\$25.00	\$5.00
Ages 55+	\$150	\$20.00	\$5.00
Family	\$410	\$46.00	N/A

Non-Resident	Year	Month	Day
Ages 4-17	\$195	\$30.00	\$7.00
Ages 18-54	\$300	\$38.00	\$7.00
Ages 55+	\$225	\$30.00	\$7.00
Family	\$615	\$69.00	N/A

Membership grants access to the Community Center's gymnasium and fitness center.

Membership to the fitness center does not include the cost of classes. You don't have to be a member to take classes.





Gymnasium

With any membership or day pass, you not only gain access to our fitness center, but our gymnasium as well! See the calendar of events posted by the gym to find out the best times to visit!

To make sure the gym is enjoyed by everyone who uses it, we have a few guidelines that we enforce. Those in violation will be required to leave and could be banned from future use. Please note, we have zero tolerance policy for fighting.

- Shirts are required at all times.
- Clean, non-marking shoes are required.
- No food, drinks, or candy are permitted. Water/Gatorade in a container with a lid is required.
- Inappropriate and foul language are prohibited.
- Discard your garbage in the waste baskets.
- Please report any incidents or injuries immediately to staff.
- Please respect all Byron Township equipment and staff.
- Gym patrons are responsible for any damage to equipment.
- The fire doors are not to be propped open at any time.
- Return equipment to the proper location.

As with the fitness center, gymnasium use does require a valid membership. See the rates and options on page 3 details.

Open gym times vary, see the monthly gym calendar or give us a call to check times.

The gymnasium is also available for rental after hours. Contact kenzie@byrontownship.org for details and availability.

Rentals

Planning a party, meeting, or corporate event? Areas of the Byron Township Community Center and Byron Township Parks are available for rent, provided the activities are compatible with the facilities and hours of operation. All rental applications must be in writing and are subject to availability. Call us or stop in to verify that your date is available. Also feel free to stop by and take a look at what we have to offer; we are happy to show you around! For complete information on facility/park rentals, please call the Community Center, stop by, or visit byrontownshiprec.org.



Facility Rental Rates

Room 1 (plus kitchen) | 747 sq ft

- \$30/hr R | \$40/hr NR - Holds up to 28 people

Room 2 | 1090 sq ft

- \$20/hr R | \$30/hr NR - Holds up to 56 people

Room 3 | 898 sq ft

- \$20/hr R | \$30/hr NR - Holds up to 42 people

Rent one room or combine them to accommodate the space you need. Rooms are available to rent after hours, just add \$15/hr to the rates above.

Park Rental Rates

Bicentennial Park Hexagon Pavilion

- \$75 R | \$100 NR - Holds 75-100 people

Bicentennial Park Rectangle Pavilion

- \$75 R | \$100 NR - Holds 75-100 people

Whistlestop Park Pavilion

- \$75 R | \$100 NR - Holds 75-100 people

Pavilion rental times are 10AM-3PM or 4PM-9PM Monday to Saturday & 1PM-6PM on Sundays.

Toddler Recreation ages 1 - 5

Toddler Recreation is a drop-in program that allows your child to play and release some energy during the colder months. We provide many items to play with, including gymnastics mats, sports balls, hula hoops, plus space to run, jump and play. Children must be supervised by their adult at all times.



October 2 - March 28

Wednesdays & Fridays | 9:30AM - 11:30AM

\$1 each resident child | \$2 each non-resident child

Ballet age 2

Session 1: January 6 - February 10

Session 2: February 24 - March 31

\$55 Resident | \$60 Non-Resident

Monday Mornings

9:15AM - 9:45AM

Session 1: January 7 - February 11

Session 2: February 25 - April 1

\$55 Resident | \$60 Non-Resident



Tuesday Evenings

4:30PM - 5:00PM

Session 1: January 9 - February 13

Session 2: February 20 - March 27

\$55 Resident | \$60 Non-Resident

Thursday Evenings

4:30PM - 5:00PM



Ballet/Tap ages 3 - 4

Session 1: January 7 - February 11

Session 2: February 25 - April 1

\$55 Resident | \$60 Non-Resident

Tuesday Evenings

5:00PM - 5:45PM



Ballet/Tap ages 3 - 5

Session 1: January 6 - February 10

Session 2: February 24 - March 31

\$55 Resident | \$60 Non-Resident

Monday Mornings

9:45AM - 10:30AM



Session 1: January 9 - February 13

Session 2: February 27 - April 3

\$55 Resident | \$60 Non-Resident

Thursday Mornings

10:00AM - 10:45AM

Session 1: January 9 - February 13

Session 2: February 20 - March 27

\$55 Resident | \$60 Non-Resident

Thursday Evenings

5:00PM - 5:45PM



Ballet/Tap ages 5 - 7

Session 1: January 7 - February 11

Session 2: February 25 - April 1

\$55 Resident | \$60 Non-Resident

Tuesday Evenings

5:45PM - 6:30PM



Discover 4-H ages 5-8

Come explore 4 weeks of activities in project areas like crafts, science, and health.

Wednesdays in February

February 5 | February 12

February 19 | February 26

5:30PM - 6:30PM

\$10 per child



Gymnastics

ages 3 - 4

Session 1: January 9 - February 13

Session 2: February 20 - March 27

\$55 Resident | \$60 Non-Resident

Thursday Evenings

6:00PM - 6:45PM



Gymnastics

ages 3 - 5

Session 1: January 9 - February 13

Session 2: February 27 - April 3

\$55 Resident | \$60 Non-Resident

Thursday Mornings

9:00AM - 9:45AM



Session 1: January 9 - February 13

Session 2: February 27 - April 3

\$55 Resident | \$60 Non-Resident

Thursday Mornings

11:00AM - 11:45AM

Gymnastics

ages 5 - 7

Session 1: January 9 - February 13

Session 2: February 20 - March 27

\$55 Resident | \$60 Non-Resident

Thursday Evenings

6:45PM - 7:30PM



Parent & Me Gymnastics

ages 2 - 3

Session 1: January 6 - February 10

Session 2: February 24 - March 31

\$55 Resident | \$60 Non-Resident

7 Monday Mornings | 10:45AM - 11:15AM



Babysitting Class ages 11 - 16

Kids, 11 - 16 years old, will learn some great babysitting games, answers to common questions, how to stop sibling squabbling, meal time tips, first aid, diaper duties, and much more. This class is guaranteed to be fun and exciting for all ages.

Each participant will receive a certificate of completions through Heartbeat LLC and through the American Heart Association.

A light breakfast and pizza lunch are provided. If your child has allergies, please pack their lunch.



Saturday, March 22

9:00AM - 2:00PM

\$50 Resident | \$60 Non-Resident

Tae Kwon Do ages 7+

Tae Kwon Do is action philosophy, the Korean art of self defense. Participants will learn the non-violent art and system of complete body exercises. There are mental, physical, and philosophical benefits to the class.

December 5 - February 6

All Students: Thursday Evenings: 6:00PM - 7:30PM

High Belts: Thursday Evenings: 7:30PM - 8:00PM

\$50 Residents | \$60 Non-Residents



Kids Paint Party ages 6-15

This 2-hour paint party is suitable for ages 6-15 years and will take participants step by step through creating their own version of the artwork while engaging their individual creativity.

Paints are washable but play clothes or a paint shirt is recommended. Light refreshments will be provided.



Saturday, February 8

10:00AM - 12:00PM

\$25 Resident | \$30 Non-Resident

Zoo Day all ages

John Ball Traveling zoo is making a stop at the Community Center. This is a great time to get up close to some small furry creatures as well as some slithery ones! This event is both educational & fun!

Friday, January 3

11:00AM

\$8 Resident Child | \$10 Non-Resident Child



Adult Fitness: Winter 2025 Schedule

Mondays

8:30-9:30AM
9:30-10:30AM
10:30-11:00AM
6:00-7:00PM

BOOM MOVE - Aimee DH
SILVER FITNESS - Aimee DH
BEGIN. LINE DANCE - Aimee DH
TABATA - Tammy

Tuesdays

5:45-6:30AM
9:00-10:00AM
10:00-11:00AM
7:00-8:00PM

RISE & BURN - Aimee R
YOGA - Jami
CHAIR YOGA - Jami
POUND - Aimee R

Wednesdays

8:30-9:30AM
9:30-10:30AM
10:30-11:30AM
6:00-7:00PM

BOOM MOVE - Aimee DH
GENTLE STRETCH - Aimee DH
SENIOR SIT & STRETCH - Aimee DH
CARDIO SCULPT - Tammy

Thursdays

5:45-6:30AM
9:00-10:00AM
10:00-11:00AM
11:15-12:15PM

RISE & BURN - Aimee R
STRENGTH - Jami
GENTLE YOGA - Jami
LINE DANCING - Betty

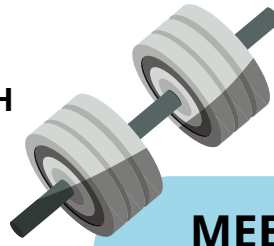
Fridays

8:30-9:30AM
9:30-10:30AM

BOOM MOVE - Aimee DH
GENTLE STRETCH - Aimee DH

*Classes run year round and are drop in ONLY.
\$5/class

*Silver Sneakers members receive one free class per week.



MEET THE INSTRUCTORS

AIMEE DEHOLLANDER

Teaches our senior fitness classes - Boom Move, Silver Fitness, Beginner Line Dance, Gentle Stretch, & Senior Sit & Stretch

JAMI KOK

Jami teaches Strength, Yoga, Chair Yoga, & Gentle Yoga

TAMMY ALLAN

Tammy teaches Cardio Sculpt and Tabata

AIMEE RAATZ

Aimee teaches Rise & Burn and Pound

BETTY DEFOUW

Betty teaches Line Dancing

CLASS DESCRIPTIONS:

Beginner Line Dancing:

This class breaks down the basics of line dancing with slow, repetitive instructions.

Boom Move:

A fun combination of aerobic, cardio drumming, and line dancing to great music from all decades and genres with repetitive, easy-to-follow moves.

Cardio Sculpt:

A full body workout class to improve cardiovascular endurance & overall strength. Utilizing various cardio segments & strength training.

Chair Yoga:

Enjoy all the benefits of yoga from the stability of a chair! This class is perfect for those who are new to yoga - modifications offered for various levels of activity.

Gentle Stretch:

A slow, gentle, total body stretching class for flexibility, balance, and core strength. Easy on wrists & knees. No inversions.

Gentle Yoga:

Relaxes, releases, & restores. Practiced slowly and all poses are done down on the yoga mat.

Pound:

A 45 minute full body workout using lightly weighted fitness drumsticks. Movements are a strong cardio element that target all of the lower body and the core while keeping rhythmic beats with the ripstix.

Rise & Burn:

A full body workout, focusing on strength and core with intervals of cardio. This workout offers a lot of variety, utilizing hand weights, kettlebells, steps, bodyweight etc. Different levels of intensity will be shown in every class, so each participant can work at their own level.

Senior Sit & Stretch:

Experience the benefits of head-to-toe stretching in a safe and comfortable environment with the support of a chair. This class is designed to enhance mobility and flexibility, improving balance. Breathing and relaxation exercises are incorporated to help

reduce stress, improve concentration, and enhance mental clarity.

Silver Fitness:

Combines standing & chair exercises with a focus on balance, strength, memory, & flexibility with fun 50/60's music. Group parties and social activities throughout the year too!

Strength:

Intermediate level class - gain strength and endurance in all muscle groups to enhance your day-to-day living. We will be using body weight as well as hand weights and other equipment. Bring a mat!

Tabata:

A HIIT that combines bursts of strength training in 20/10 second intervals/rest.

Yoga:

Focuses on breathing, balance, flexibility & relaxation.

Monthly Bingo ages 55+

Join us the last Wednesday of the month for pizza and bingo! The registration covers your pizza lunch and your first Bingo card. Additional cards may be purchased. Pizza is served at noon and Bingo follows.

\$4.50 Resident | \$5.50 Non-Resident

white elephant



Wednesday, January 29
Pizza & Bingo | 12:00PM

Register by January 24

Wednesday, February 26

Soups, Sandwiches, & Bingo | 12:00PM

Register by February 21

Wednesday, March 26

Pizza & Bingo | 12:00PM

Register by March 21



Monthly Luncheon ages 55+

Byron Township Recreation hosts a monthly luncheon for older adults. Each luncheon includes a meal provided by a great local restaurant, plus we provide entertainment that varies each month.

Doors open at 11:30AM to allow time for getting seated, and the luncheon begins at noon. Sponsored by Railside Living Center.

\$6.50 Resident | \$7.50 Non-Resident

Monday, January 20
12:00PM

Register by January 15

Monday, February 17
12:00PM

Register by February 12

Monday, March 17
12:00PM

Register by March 12



Coffee with a Cop

Join Deputy Marmolejos the first Monday of every month from 10:30 - 11:30AM! Each session covers a new topic related to the Kent County Sheriff's Office. In the past, we have explored the Mounted Unit, Tactical Unit, and Drone Unit. Stay tuned for the new exciting topics in the coming months!!

Monday, January 6

Monday, February 10

Monday, March 3

10:30AM - 11:30AM



Bowling League

3 games are included, plus a party at the end of the season. You may have 3 or 4 people on your team. Lane fees and shoe rentals are additional and paid directly to Spectrum Lanes.

January 16 - April 3

Thursday Mornings

10:00AM - 12:00PM

\$15 Residents | \$20 Non-Residents | \$7.25 Weekly at Spectrum Lanes



Puzzle Competition

This competition has a max of 18 teams. Each team will complete 1-500 piece puzzle. Each participant-created team consists of 1-4 members and all teams will receive the same puzzle. The winner is the first team to complete the puzzle. If no one completes it by 11, the winner will be determined by the remaining number of loose pieces.

Saturday, January 18

9:00AM - 11:00PM

\$30 per team



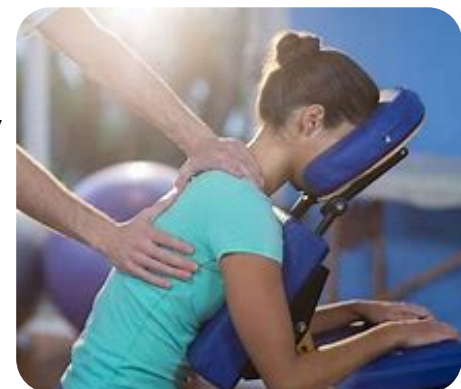
Chair Massages

Megan & Shawn from Hearth Mobile Massage LLC will be at the Community Center to perform chair massages. Call to register for a time slot.

Wednesday, December 4

10:00AM - 12:00PM

1 1 \$20 per 10 minute massage



Watercolor Workshop

Please join us for a beginning watercolor workshop with local botanical artist Kristina Spitzner of Redbriar Studio. We'll spend some time learning the basics of watercolor painting and complete small works of beautiful holiday poinsettias during our creative workshop and relaxing break from the holiday hustle.



Class will include live florals for reference, snacks and sips, and all of the supplies and instruction you'll need to help you start or continue your creative journey with watercolor painting!

No experience necessary, supplies included. Ages 12+

Wednesday, December 4

6:00PM - 8:00PM

\$40 Resident | \$40 Non-Resident

Craft Time

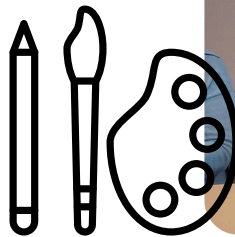
Join Railside once a month for a free craft at the Community Center!

Thursday, January 23 - With Tammy

Thursday, February 20

Thursday, March

10:30AM



Reverse Mentoring

We provide you with high school students to help answer your questions on a variety of technologies. They will guide you in a hands-on approach to learning more about what you wish to learn. Just bring along the device you wish to learn more about. Registration is required to ensure we have enough students to help.

Some things they have helped with in the past:

- Internet use, such as posting photos, sending emails, using facebook, and more!
- Mobile phones and tablets
- Digital cameras



Thursday, March 7

1:00PM - 2:00PM



Comic Con

Vendor spaces are available. Email tammy@byrontownshiprec.org

Saturday, February 4

Free Admission
10:00AM - 3:00PM

Candy Cane Hunt

Join us for a Candy Cane Hunt, crafts, cookies, and visiting with Santa!

After the hunt, warm up with a pizza lunch served inside the Community Center.

The hunt will take place outside, so dress warm!

Saturday, December 14

Ages 2 - 11

\$5.00 Resident | \$7.00 Non-Resident | \$3.00

Parent

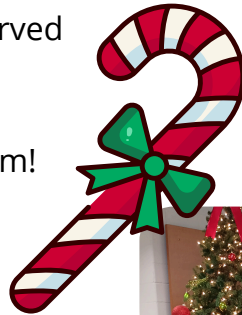
11:00AM

Limited Space



Upcoming Trips

- Brown Bag Trip - Spring or Summer
- Zehnder's - California Summer - June
- Tiger's Baseball Trip - August
- Mystery Trip - October 2025



Zehnder's Trip

"California Summer" is a vibrant musical show that takes audiences on a nostalgic journey through the golden era of California music. Featuring hits from iconic artists like The Beach Boys, The Mamas and the Papas, Janis Joplin, Jackson Browne and The Eagles, this performance encapsulates the essence of the Golden State's sound from the 60's and 70's.

Included lunch, ticket show, and a stop at Bronner's.

Thursday, June 5

Coffee & Donuts: 8:00AM

Departure: 8:30AM

\$115 Resident | \$125 Non-Resident