



Byron Township Recreation

SUMMER 2024



2120 76th Street SW, Byron Center, MI 49315



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Building Hours

Monday - Thursday

7:00AM - 8:00PM

Friday

7:00AM - 7:00PM

Saturday

8:00AM - 12:00PM

Sunday

CLOSED

Contact

☎ 616.878.1998

Upcoming Closings

Thursday, July 4

4th of July

Monday, September 2

Labor Day

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Our Mission... Joining together with you and your family is what makes Byron Township Recreation committed to building a strong, healthy, and successful community through people, parks, and programs.

Age Requirement... All participants must be within the age requirements of the program by the time the program begins.

Americans with Disabilities Act... Byron Township fully supports the Americans with Disabilities Act and will take the necessary action to comply with its provisions. If you have special needs to participate in any of the programs offered, please contact the Byron Township Recreation Department at 616.878.1998.

Amenities Include:

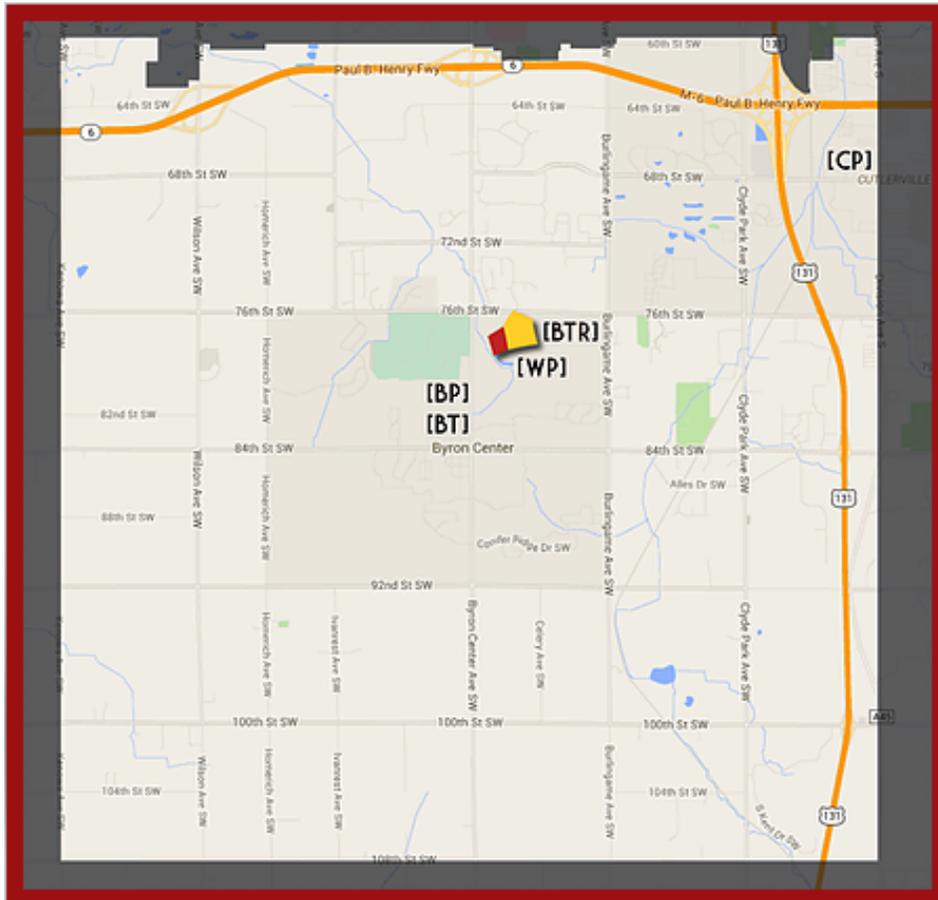
- Books
- Cable TV
- Lounge Areas
- Wi-Fi
- Pool Tables

ARE YOU A RESIDENT OF BYRON TOWNSHIP?

Review the map below to see where our Township boundaries are and if you might qualify for special resident discounts on memberships!

The boundaries are approximately:

M-6 to 108th and Division Ave. to Kenowa Ave.



Byron Township

[BTR] Byron Township Parks & Rec. Dept.
& Community Center
2120 76th Street SW

[BT] Byron Township Offices
& Town Hall

8085 Byron Center Avenue SW

Byron Township Parks

[WP] Whistlestop Park
2120 76th Street SW

[CP] Cutler Park
6701 Cutler Park Drive SW

[BP] Bicentennial Park
8085 Byron Center Avenue SW

Memberships

Definitions:

Resident (R): Person who pays their personal property taxes to Byron Township. Please see the Byron Township map on page 2.

Non-Resident (NR): Anyone outside of Byron Township.

Family: This includes you and those living in your household that are claimed on your taxes.

Stop in the Community Center any time during our normal hours to sign up for a membership! Come take a tour and see what the Byron Township Community Center has to offer! We have weight machines, cardio machines, a walking track, and so much more! Signing up is easy, just fill out the form at the front desk when you arrive or print one off of our website.

Identification Required: Proof of identification is required to receive the Byron Township resident discounted pricing. ID is also required to prove age, as we require a person to be 18 years or older to sign the membership form. **Anyone 17 or younger must have a parent or guardian sign the membership form on their behalf.** Accepted forms of ID are:

- **Photo ID:** Driver's License or state ID
- **Proof of Residence:** Current gas, cable, electric, landline telephone, water or sewer bill, tax forms, or your car registration. Envelopes with addresses are not accepted.

Children Under 13 Years Old: Children 12 and under must be supervised at all times by a parent/guardian (18 years or older). **Machine usage is not permitted at any time for children under the age of 13.** Additionally, they may not be upstairs at any time.

Pickleball

You must be a member of the Community Center OR come with a member and purchase a day pass to play indoor pickleball. We designate days and times for open pickleball play at the Community Center:

Tuesday & Thursday: 8:00AM - 3:00PM

We also have 12 outdoor pickleball courts located at Bicentennial Park that may be used during open parks season (April-October) ONLY. These courts are free to use as available and are first come first serve unless otherwise posted by the Byron Township Parks & Rec Department.

Fitness Membership Rates at the Community Center

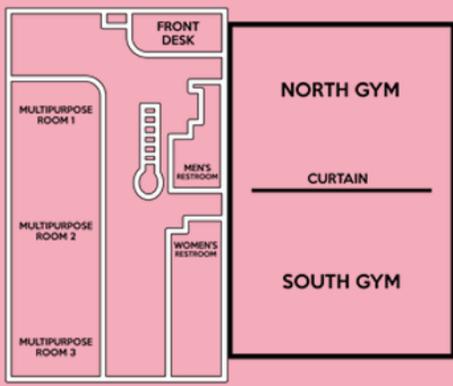
Resident	Year	Month	Day
Ages 4-17	\$130	\$20.00	\$5.00
Ages 18-54	\$200	\$25.00	\$5.00
Ages 55+	\$150	\$20.00	\$5.00
Family	\$410	\$46.00	N/A

Non-Resident	Year	Month	Day
Ages 4-17	\$195	\$30.00	\$7.00
Ages 18-54	\$300	\$38.00	\$7.00
Ages 55+	\$225	\$30.00	\$7.00
Family	\$615	\$69.00	N/A

Membership grants access to the Community Center's gymnasium and fitness center.

Membership to the fitness center does not include the cost of classes. You don't have to be a member to take classes.





Gymnasium

With any membership or day pass, you not only gain access to our fitness center, but our gymnasium as well! See the calendar of events posted by the gym to find out the best times to visit!

To make sure the gym is enjoyed by everyone who uses it, we have a few guidelines that we enforce. Those in violation will be required to leave and could be banned from future use. Please note, we have zero tolerance policy for fighting.

- Shirts are required at all times.
- Clean, non-marking shoes are required.
- No food, drinks, or candy are permitted. Water/Gatorade in a container with a lid is required.
- Inappropriate and foul language are prohibited.
- Discard your garbage in the waste baskets.
- Please report any incidents or injuries immediately to staff.
- Please respect all Byron Township equipment and staff.
- Gym patrons are responsible for any damage to equipment.
- The fire doors are not to be propped open at any time.
- Return equipment to the proper location.

As with the fitness center, gymnasium use does require a valid membership. See the rates and options on page 3 details.

Open gym times vary, see the monthly gym calendar or give us a call to check times.

The gymnasium is also available for rental after hours. Contact kenzie@byrontownship.org for details and availability.

Rentals

Planning a party, meeting, or corporate event? Areas of the Byron Township Community Center and Byron Township Parks are available for rent, provided the activities are compatible with the facilities and hours of operation. All rental applications must be in writing and are subject to availability. Call us or stop in to verify that your date is available. Also feel free to stop by and take a look at what we have to offer; we are happy to show you around! For complete information on facility/park rentals, please call the Community Center, stop by, or visit byrontownshiprec.org.



Facility Rental Rates

- Room 1 (plus kitchen) | 747 sq ft
- \$30/hr R | \$40/hr NR - Holds up to 28 people
- Room 2 | 1090 sq ft
- \$20/hr R | \$30/hr NR - Holds up to 56 people
- Room 3 | 898 sq ft
- \$20/hr R | \$30/hr NR - Holds up to 42 people

Rent one room or combine them to accommodate the space you need. Rooms are available to rent after hours, just add \$15/hr to the rates above.

Park Rental Rates

- Bicentennial Park Hexagon Pavilion
- \$75 R | \$100 NR - Holds 75-100 people
- Bicentennial Park Rectangle Pavilion
- \$75 R | \$100 NR - Holds 75-100 people
- Whistlestop Park Pavilion
- \$75 R | \$100 NR - Holds 75-100 people

Pavilion rental times are 10AM-3PM or 4PM-9PM Monday to Saturday & 1PM-6PM on Sundays.

Summer Recreation ages 6 - 10

Summer Recreation is offered 4 weeks in June and July for kids ages 6 to 10. Join us for fun crafts and games this summer!
Children must leave during lunch.

June 17 - 21, June 24 - 28, July 8 - 12, & July 15 - 19

9:30AM - 11:30AM OR 12:30PM - 2:30PM

\$10 per week

Located at Whistlestop Park Pavilion



Ballet ages 2 - 3

Summer Session: July 8 - August 12

**Skipping July 22*

\$50 Resident | \$55 Non-Resident

Monday Mornings

9:00AM - 9:30AM

Summer Session: July 9 - August 13

**Skipping July 23*

\$50 Resident | \$55 Non-Resident

Tuesday Evenings

4:30PM - 5:00PM

Summer Session: July 11 - August 15

**Skipping July 25*



\$50 Resident | \$55 Non-Resident

Thursday Evenings

4:30PM - 5:00PM



Ballet/Tap ages 3 - 4

Summer Session: July 9 - August 13

**Skipping July 23*

\$50 Resident | \$55 Non-Resident

Tuesday Evenings

5:00PM - 5:45PM



Ballet/Tap ages 3 - 5

Summer Session: July 8 - August 12

**Skipping July 22*

\$50 Resident | \$55 Non-Resident

Monday Mornings

9:45AM - 10:30AM

Summer Session: July 11 - August 15

**Skipping July 25*

\$50 Resident | \$55 Non-Resident

Thursday Mornings

10:00AM - 10:45AM

Summer Session: July 11 - August 15

**Skipping July 25*

\$50 Resident | \$55 Non-Resident

Thursday Evenings

5:00PM - 5:45PM

Ballet/Tap ages 5 - 7

Summer Session: July 9 - August 13

**Skipping July 23*

\$50 Resident | \$55 Non-Resident

Tuesday Evenings

6:00PM - 6:45PM

Ballet/Tap ages 7 - 10

Summer Session: July 9 - August 13

**Skipping July 23*

\$50 Resident | \$55 Non-Resident

Tuesday Evenings

6:45PM - 7:30PM



Fairy Ballet Day Camp

Includes a craft, story time, and dancing!

Tuesday, July 30

10:00AM - 10:45AM (2-4 years)

11:00AM - 11:45AM (5-7 years)

\$10 Resident | \$12 Non-Resident

Princess Ballet Day Camp

Includes a craft, story time, and dancing!

Tuesday, July 16

10:00AM - 10:45AM (2-4 years)

11:00AM - 11:45AM (5-7 years)

\$10 Resident | \$12 Non-Resident



Gymnastics

ages 3 - 4

Summer Session: July 11 - August 15

**Skipping July 25*

\$50 Resident | \$55 Non-Resident

Thursday Evenings

6:00PM - 6:45PM



Gymnastics

ages 3 - 5

Summer Session: July 11 - August 15

**Skipping July 25*

\$50 Resident | \$55 Non-Resident

Thursday Mornings

9:00AM - 9:45AM



Summer Session: July 11 - August 15

**Skipping July 25*

\$50 Resident | \$55 Non-Resident

Thursday Mornings

11:00AM - 11:45AM

Gymnastics

ages 5 - 7

Summer Session: July 9 - August 13

**Skipping July 23*

\$50 Resident | \$55 Non-Resident

Thursday Evenings

6:45PM - 7:30PM



Gymnastics Day Camp

Includes a craft, story time, and gymnastics! Peter Rabbit theme

Tuesday, August 13

10:00AM - 10:45AM (2-4 years) | 11:00AM - 11:45AM (5-7 years)

\$10 Resident | \$12 Non-Resident



Babysitting Class ages 11 - 16

Kids, 11 - 16 years old, will learn some great babysitting games, answers to common questions, how to stop sibling squabbling, meal time tips, first aid, diaper duties, and much more. This class is guaranteed to be fun and exciting for all ages.

Each participant will receive a certificate of completions through Heartbeat LLC and through the American Heart Association.

A light breakfast and pizza lunch are provided. If your child has allergies, please pack their lunch.

Wednesday, July 31 OR Saturday, November 2

9:00AM - 2:00PM

\$50 Resident | \$60 Non-Resident



Tae Kwon Do ages 7+

Tae Kwon Do is action philosophy, the Korean art of self defense. Participants will learn the non-violent art and system of complete body exercises. There are mental, physical, and philosophical benefits to the class.

July 11 - September 5 *Skipping July 25

Beginners: Thursday Evenings: 6:00PM - 7:30PM

High Belts: Thursday Evenings: 7:30PM - 8:00PM

\$50 Residents | \$60 Non-Residents



Slimetopia Camp

Dive into a world of slime-tastic fun at Challenge Island's Slimetopia Camp! Discover the science behind the slime as you concoct an array of mesmerizing polymers. Join us for a squishy, stretchy, and sensational camp that will leave you feeling gooey with excitement! Every slime creation is a masterpiece waiting to be crafted. Don't miss out on the fun and sign up NOW!

August 12 - 15

1:30PM - 4:30PM

\$150 Residents | \$150 Non-Residents



4H Sewing Camp ages 11 - 15

We offer both beginner and advanced sewing class through 4H. For school aged youth 11-15 years of age and you must have completed beginners sewing session 1 to take advanced sewing.

Call to register. Also, please remember to sign up at www.4honline.com under clubs. Registering online secures your registration and provides necessary insurance coverage.

Beginners: July 8 - July 12: 12:30PM - 3:30PM
Advanced: July 29 - August 2 & August 7: 12:30PM - 3:30PM
\$30 Resident | \$30 Non-Resident LIMITED SPACE



Sports Sampler ages 3 - 5

Activities include but not limited to: basketball, football, bowling, soccer, t-ball, etc!!

Wednesdays, June 5 - June 26
9:45AM - 10:30AM
\$30 Residents | \$40 Non-Residents



Archery ages 9+

Monday - Thursday, July 29 - August 1
9:30AM - 10:30AM OR 10:30AM - 11:30AM
\$80 Residents | \$80 Non-Residents

Located at Whistlestop Park

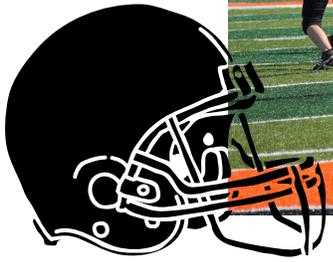


Rocket Football

Additional information COMING SOON!

First Practice: August
Last Game: October

\$80 Residents | \$90 Non-Residents



Adult Fitness: Summer 2024 Schedule

Mondays

8:30-9:30AM
9:30-10:30AM
10:30-11:00AM
6:00-7:00PM

BOOM MOVE - Aimee DH
SILVER FITNESS - Aimee DH
BEGIN. LINE DANCE - Aimee DH
TABATA - Tammy

Tuesdays

5:45-6:30AM
9:00-10:00AM
10:00-11:00AM
7:00-8:00PM

RISE & BURN - Aimee R
YOGA - Jami
CHAIR YOGA - Jami
POUND - Aimee R

Wednesdays

8:30-9:30AM
9:30-10:30AM
6:00-7:00PM

BOOM MOVE - Aimee DH
GENTLE STRETCH - Aimee DH
CARDIO SCULPT - Tammy

Thursdays

5:45-6:30AM
9:00-10:00AM
10:00-11:00AM
11:15-12:15PM

RISE & BURN - Aimee R
STRENGTH - Jami
GENTLE YOGA - Jami
LINE DANCING - Betty

Fridays

8:30-9:30AM
9:30-10:30AM

BOOM MOVE - Aimee DH
GENTLE STRETCH - Aimee DH

*Classes run year round and are drop in ONLY.
\$5/class

*Silver Sneakers members receive one free class per week.



MEET THE INSTRUCTORS

AIMEE DEHOLLANDER

Teaches our senior fitness classes - Boom Move, Silver Fitness, Beginner Line Dance, & Gentle Stretch

JAMI KOK

Jami teaches Strength, Yoga, Chair Yoga, & Gentle Yoga

TAMMY ALLAN

Tammy teaches Cardio Sculpt, Tabata, & WERQ

AIMEE RAATZ

Aimee teaches Rise & Burn and Pound

BETTY DEFOUW

Betty teaches Line Dancing

CLASS DESCRIPTIONS:

Boom Move:

Experience the joy of movement through a dynamic blend of dancing, aerobics, cardio drumming, and line dancing set to a mix of music spanning decades and genres. Discover the fun in repetitive, easy-to-follow routines suitable for all ages and fitness levels. Join us for an energetic session that will leave you smiling!

Cardio Sculpt:

A full body workout class to improve cardiovascular endurance & overall strength. Utilizing various cardio segments & strength training.

Chair Yoga:

Enjoy all the benefits of yoga from the stability of chair! This class is perfect for those who are new to yoga - modifications offered for various levels of activity.

Gentle Stretch:

Nurture your body and mind with our soothing Gentle Stretch class. Immerse yourself in a calming session of total body stretching that promotes flexibility, balance, and core strength. Experience the meditative benefits of modified Tai Chi as you engage in mindful movement to enhance overall

wellness. Our class offers a mix of standing, seated, and floor mat exercises, all gentle on wrists and knees. No inversions.

Gentle Yoga:

Relaxes, releases, & restores. Practiced slowly and all poses are done down on the yoga mat.

Pound:

A 45 minute full body workout using lightly weighted fitness drumsticks. Movements are a strong cardio element that target all of the lower body and the core while keeping rhythmic beats with the ripstix.

Rise & Burn:

A full body workout, focusing on strength and core with intervals of cardio. This workout offers a lot of variety, utilizing hand weights, kettlebells, steps, bodyweight etc. Different levels of intensity will be shown in every class, so each participant can work at their own level.

Silver Fitness:

Immerse yourself in an active and socially enriching experience with our Silver Fitness class! Engage in a diverse range of standing exercises designed to enhance cardio, prevent falls, and improve balance, all while moving to the rhythm of uplifting music.

Customize the intensity to your comfort level. Additionally, we offer seated exercises that enhance memory, flexibility, and even feature modified Tai Chi movements. Our class is a warm community of both men and women dedicated to maintaining physical and mental vitality. Be part of a group that enjoys shared experiences, including monthly Quiddler games, an annual Christmas party, and a variety of events throughout the year.

Strength:

Intermediate level class - gain strength and endurance in all muscle groups to enhance your day-to-day living. We will be using body weight as well as hand weights and other equipment. Bring a mat!

Tabata:

A HIIT that combines bursts of strength training in 20/10 second intervals/rest.

Werq:

The fiercely fun dance-fitness workout class based on pop, rock, and hip-hop. Start with dance, end with yoga.

Yoga:

Focuses on breathing, balance, flexibility & relaxation.

Monthly Bingo ages 55+

Join us the last Wednesday of the month for pizza and bingo! The registration covers your pizza lunch and your first Bingo card. Additional cards may be purchased. Pizza is served at noon and Bingo follows.

\$4.50 Resident | \$5.50 Non-Resident



Wednesday, July 31
Ice Cream & Bingo | 1:00PM
Register by July 26



Wednesday, August 28
Ice Cream & Bingo | 1:00PM
Register by August 23

Wednesday, September 25
Pizza & Bingo | 12:00PM
Register by September 20



Monthly Luncheon ages 55+

Byron Township Recreation hosts a monthly luncheon for older adults. Each luncheon includes a meal provided by a great local restaurant, plus we provide entertainment that varies each month.

Doors open at 11:30AM to allow time for getting seated, and the luncheon begins at noon. Sponsored by Railside Living Center.

\$6.50 Resident | \$7.50 Non-Resident

Monday, July 15
12:00PM
Register by July 10

Monday, August 19
12:00PM
Register by August 14

Monday, September 16
12:00PM
Register by September 11



Detroit Tigers Bus Trip

Go Tigers! Leave your car and parking money at home and Byron Township Recreation will take you out to the ballgame in a charter bus. Your ticket will be included with a ballpark hotdog and a drink. Invite a friend and let's go cheer on your favorite Tiger. Limited tickets are available, pre-registration is required. Tip is included.



Thursday, August 15

\$105 Resident | \$115 Non-Resident

Coffee & Donuts at 8:00AM

Depart from Byron Township Community Center at 8:30AM

Game Time at 1:10PM

Detroit Tigers VS Seattle Mariners



Coffee with A Cop

First Monday of every month unless otherwise posted by the Community Center!!

10:30AM - 11:30AM

Call to register!!



Health Expo

Now accepting vendors for the Health Expo. Free to the public.

Monday, August 19



Mini Mystery Trip

You'll be surprised where you end up going for this day trip. Comfortable motor coach transportation and driver tip is provided. Also, lunch and guided tour are both included in the price. Join us and find out where the mini mystery trip will take you. Please note: some walking is involved if you want the full experience.

Wednesday, July 10

\$105 Resident | \$115 Non-Resident

Coffee & Donuts at 8:00AM

Depart at 8:30AM

Blue Gate Trip

Enjoy a great Blue Gate family style dinner and then sit back for a fun-filled Holiday Show by the Texas Tenors. Also, there will be a quick stop at E & S Bulk Food Store.

Wednesday, December 4

\$115 Resident | \$125 Non-Resident

Coffee & Donuts at 8:00AM

Depart at 8:30AM

Lunch at 11:00AM

Show at 1:00PM

