



# MOTHER DAUGHTER SELF DEFENSE CLASS

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Saturday, May 3

8:00AM - 12:00PM

\$25 Single Participant


\$40 Mother Daughter Group (2 or more)



Kate is proud to offer a holistic approach to self defense education and caters her curriculum to the shared needs and concerns of her audience. She hopes to provide fun, insightful and empowering training for women of all ages and leave them feeling confident and capable of defending themselves.



call to register

 **616.878.1998**

